

THE DIGITAL HEALTH AND HAPPINESS LAB

GEORGETOWN UNIVERSITY

“WE WILL RAISE THIS WOUNDED WORLD INTO A
WONDROUS ONE ... THERE IS ALWAYS LIGHT,
IF ONLY WE’RE BRAVE ENOUGH TO SEE IT.
IF ONLY WE’RE BRAVE ENOUGH TO BE IT.”
- AMANDA GORMAN



DR. KUSHLEV

was designated as an **APS Rising Star**. This award is given to an outstanding Association for Psychological Science member in their early research careers for their innovative work and advancements to the field.

THE LAB

- **Matthew Leitao** won a highly competitive grant from the SPSP 'Inside the Grant Panel' competition. He also completed his thesis and his degree in Public Policy.
- **Maureen Tibbetts** won The Sebastian Brenninkmeyer Medal in Psychology. This medal is awarded by the Department of Psychology to an undergraduate in recognition of uncommon accomplishment. She also finished up her Senior Honors Thesis and presented a poster at the SPSP convention in February.
- **Adam Epstein-Shuman** will present his poster at the APS Convention in May and is now writing the corresponding paper.
- **Ori Cantwell** worked with Dr. Kushlev to get his preprint submitted to journals and presented a poster at the SPSP convention in February.
- **Kiran Singh, Sonya Fares, and Grant Lattanzi** have helped the lab to get projects off the ground, organize variables, and sort through data.
- **Mark Hanin** worked on the Digital Warning Labels study to investigate and improve people's digital habits.

SAYANI MAJMUNDAR



Sayani is a rising senior at Georgetown University majoring in psychology and on the pre-med track. Combining her experience in Dr. Kushlev's Health Psychology course with her personal connection to social media, she knew she wanted to get involved in meaningful, interesting research.

Social media was a positive presence in Sayani's life, "I grew up in a suburb that was not tolerant of my race, so I took to social media really quickly."

In the lab, Sayani has worked with Matthew Leitao in analyzing and organizing data. She also has been a huge help peer-reviewing publications.

Outside of the classroom, Sayani is a beautiful artist and talented violinist. She even was a member of the Chicago Youth Symphony Orchestra, one of the top three youth orchestras in the country.

WE SAY GOODBYE TO

- **Maureen Tibbetts**, as she plans to take a gap year to gain more experience and then pursue a graduate degree in Counseling Psychology.
- **Ori Cantwell**, as he will be devoting time to his Senior Thesis next year
- **Elizabeth O'Hazo**, who is working as a Capital Markets Legal Assistant at Sherman and Sterling in NYC.
- **Amanda Van Orden**, who starting as a Clinical Research Coordinator Associate for the Biobehavioral Pediatric Pain Lab at Stanford University.

NEW MEMBERS

- **Sarah Staehle**: Undergrad RA
- **Kristin Rabil**: Undergrad RA
- **Laila Kunaish**: Incoming RA
- **Hannah Masling**: Incoming RA

INTERESTING RESEARCH

Unpacking young adults' experiences of race- and gender-based microaggressions. [Read here](#)

Digital Emotion Regulation. [Read here](#)

"Just the Way You Are": Linking Music Listening on Spotify and Personality. [Read here](#)